



Wilderness Medicine Camping Weekend & Educational Conference

Presented By:

Dr. Robert Katzer, MD

Attending Emergency Physician, UCI
Medical Director, City of Anaheim Fire and Rescue
Air Medic, San Bernardino County Sheriff

Dr. Sangeeta Sakaria, MD

Attending Emergency Physician, UCI
Candidate for Diploma in Mountain Medicine
Candidate for Diploma in Dive and Marine Medicine

Dr. Isabel Algaze, MD

Attending Emergency Physician, UCI
Completed Wilderness Medicine Fellowship
with Harvard at Massachusetts General Hospital
Hyperbaric trained with experience in dive medicine



Schedule of Events

Saturday, September 16th

0800: Welcome, weekend overview, packet distribution, group assignment

0900: Rotating teaching session (15 min/ station)

- Drinking water & food considerations
- Knots: overhand, square, and figure 8
- Layering and clothing considerations

1000: Patient movement and evacuation considerations

1030: Rotating teaching session (20 min/station)

- Splinting
- Wound management/hemorrhage control
- Drowning

1140: Lunch after student demonstration of overhand, square, and figure 8 knots

1300: Rotating teaching session (30 min/station)

- Litter Assembly
- Knots: Figure 8 on a bend/followthrough, figure 8 on a bight, water knot
- Poisonous plants and envenomations

1410: Break

1420: Rotating teaching session (25 min/ station)

- Cold Injury
- Patient Carry Techniques
- Heat Injury

1545: Break for the evening and set up tents

1730: Dinner

Sunday, September 17th

0700: Breakfast

0800: Fire creation

0900: Rotating teaching session (15 min/station)

- Basic compass familiarization
- Grid systems, gps units, PLB's
- Reading landforms on topographic maps

1000: Break

1010: Rotating teaching session (20 min/station)

- Vector born illnesses
- Shelter
- Improvised harnesses

1125: Break

1135: Knots performance evaluation

1200: Team patient carry demonstration

1245: Lunch

1400: Patient care course

1600: Clean up and end course

Location

San Bernardino Sheriff Training Facility

45782 CA-38
Angelus Oaks CA 92305

Latitude, Longitude:
34.157772, -116.797661



Past Event Photos

