Wilderness Medicine Camping Weekend & Educational Conference

Presented By:

Dr. Robert Katzer, MD
Attending Emergency Physician, UCI
Medical Director, City of Anaheim Fire and Rescue
Air Medic, San Bernardino County Sheriff

Dr. Sangeeta Sakaria, MD
Attending Emergency Physician, UCI
Candidate for Diploma in Mountain Medicine
Candidate for Diploma in Dive and Marine Medicine

Dr. Isabel Algaze, MD
Attending Emergency Physician, UCI
Completed Wilderness Medicine Fellowship
with Harvard at Massachusetts General Hospital
Hyperbaric trained with experience in dive medicine
Schedule of Events

Saturday, September 16th

0800: Welcome, weekend overview, packet distribution, group assignment
0900: Rotating teaching session (15 min/ station)
    - Drinking water & food considerations
    - Knots: overhand, square, and figure 8
    - Layering and clothing considerations
1000: Patient movement and evacuation considerations
1030: Rotating teaching session (20 min/station)
    - Splinting
    - Wound management/hemorrhage control
    - Drowning
1140: Lunch after student demonstration of overhand, square, and figure 8 knots
1300: Rotating teaching session (30 min/station)
    - Litter Assembly
    - Knots: Figure 8 on a bend/followthrough, figure 8 on a bight, water knot
    - Poisonous plants and envenomations
1410: Break
1420: Rotating teaching session (25 min/ station)
    - Cold Injury
    - Patient Carry Techniques
    - Heat Injury
1545: Break for the evening and set up tents
1730: Dinner

Sunday, September 17th

0700: Breakfast
0800: Fire creation
0900: Rotating teaching session (15 min/station)
    - Basic compass familiarization
    - Grid systems, gps units, PLB's
    - Reading landforms on topographic maps
1000: Break
1010: Rotating teaching session (20 min/station)
    - Vector born illnesses
    - Shelter
    - Improvised harnesses
1125: Break
1135: Knots performance evaluation
1200: Team patient carry demonstration
1245: Lunch
1400: Patient care course
1600: Clean up and end course
Location

San Bernardino
Sheriff Training Facility

45782 CA-38
Angelus Oaks CA 92305

Latitude, Longitude:
34.157772, -116.797661